

SERMON NOTES

NOV 12 & NOV 15

Philippians 4:1-9 | George Romanacce

Life For Your Mind

Life for your mind is found in rejoicing in the Lord at all times. (verse 4)

Life for your mind is found in practicing a reasonableness in life toward others. (Verse 5)

Life for your mind is found in prayer which results in the peace of God. (Verse 6-7)

Life for your mind is found in mediating on the things of God. (verse 8-9)

1. What does “rejoicing in the Lord always” look like in your life?
2. How can you be more reasonable or gentle in your life toward others (believers and unbelievers)?
3. How would you assess your prayer life? Share stories of times in your life where prayer has brought peace to your mind.
4. What rhythms in your life help you to meditate on the things of God (ie: His character, works, promises)?

Challenge Verse

Each week we want to challenge you to memorize 1 verse from our teaching passage. This week’s verse is *Philippians 4:8*

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.