

Salt & Light, Matthew 5:13 - 16 | Nate Winters

Let's just be what we are -salt & light- and preserve, season, and shine!

1. Rubbed-in salt brings newborn health...to seize opportunity "from Day 1" (Ezekiel 16:4)
2. Plowing salt makes the ground (of ungodliness) less fertile (Judges 9:45)
3. Speech seasoned with salt builds others up (Col. 4:6/Eph. 4:29)
4. Salt as an expression of *faithfulness* to God (Leviticus 2:13)
5. Our light shines when we "walk as children of the light" (Ephesians 5:8-14)

1. Tell some stories about how you've seen one another act like salt and light.
2. In what ways do your perspectives, beliefs, values and behavior completely agree with what you see in the World...and in what ways are they completely and altogether different, even opposed to the World?
3. Psalm 34:8 says, "Taste and see that the Lord is good!" In what ways could you be better salt for others to "taste" (not you but) Jesus?
4. Into what "fields" in your life "spheres" could you honor Jesus by plowing salt?
5. What situations, relationships or communities of darkness should your light shine into?