

**How to Pray, Matthew 6:5-15** | Nate Winters

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Pray to the Father this way for these things:

1. Your name be hallowed -revered by all people
2. Your kingdom come -advanced in hearts, life and world
3. Your will be done...fully and exclusively

Then:

1. Feed us...whatever You want us to eat.
2. Forgive us...as we forgive each other.
3. Rescue us...from ourselves and Satan.

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## DISCUSSION QUESTIONS

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1. Am I praying these days? Why or why not?
2. Am I praying to be heard by others...or by God? Why?
3. Do I look forward to private times of prayer “in secret” with God -why or why not?
4. When I pray in public is it simply the overflow of my praying in private?
5. Do I feel pressure to have to perfectly articulate my private prayer to God? {How does Romans 8:26 help alleviate this tendency?}
6. How can I incorporate these 6 essential ingredients into my regular prayer life?
7. Perhaps memorize this wonderful Prayer 😊?

Matthew 6:9 – 13

<sup>9</sup> Pray then like this: “Our Father in heaven, hallowed be your name. <sup>10</sup> Your kingdom come, your will be done, on earth as it is in heaven. <sup>11</sup> Give us this day our daily bread, <sup>12</sup> and forgive us our debts, as we also have forgiven our debtors. <sup>13</sup> And lead us not into temptation, but deliver us from evil.

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