

Fighting Fear Part 4 | Trent Thompson

Remember that fear is the enemy of God glorifying faith so we must learn to take up the weapons God offers us to fight against it.

We can fight fear by:

1. Praying (Philippians 4:6 - 7)
2. Reminding ourselves about the power of Jesus (Mark 4:35 - 41)
3. Asking mature believers to speak into our lives (Philippians 4:9)

1. What stood out to you from the sermon/Scripture passages?
2. What is the most afraid you've ever been? What about this situation caused fear, and what weapons did you need to fight against that fear?
3. Do you find that you pray more or less when you're afraid? Why?
4. What are the moments in your life where God's power was most on display? How do you make sure you remember these when you're afraid?
5. Have you had more mature believers speak into your life? How have they shaped your perspective and choices? Has their influence helped you walk in faith rather than fear?

Challenge Verse

Each week we want to challenge you to memorize 1 verse from our teaching passage. This week's verse is: *Mark 4:39 - 41*

And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"