





WELCOME to SPIRIT WEEK!

Spirit week is a time to connect with God and grow in Spiritual disciplines! Each day we will take on a new spiritual discipline and challenge together at home, in your schools, and in your community!



T-SHIRT: Complete the booklet, registration, and all the challenges to **get a Spirit Week shirt**! Hand in your finished booklet by **November 20** to claim your shirt.

REGISTER for SPIRIT WEEK!



Deadline: November 13 westshorefree.org/students

CONNECT with us **DURING SPIRIT WEEK**:



YouTube



@studentswsfc

SCHEDULE MANNAME



MONDAY

At Home Devo Challenge: PRAYER



TUESDAY

At Home Devo Challenge: SCRIPTURE STUDY



WEDNESDAY

At Home Devo Challenge: GIVING



THURSDAY

At Home Devo Challenge: EVANGELISM



FRIDAY

At Home Devo Challenge: FASTING Bonfire Night: 7рм | Church



SATURDAY

Challenge: SERVING

Spirit Week Finale!

- 9:30AM Check-in
- 10:00 Brunch
- 11:30 Serve at Wildheart Ministries
- 4:00PM Dinner
- 5:00 Pep Rally Celebration (party, live worship, guest speaker)
- Dismissal 6:00

Monday

PRAYER

First, watch this video: westshorefree.org/spirit01

SCRIPTURE STUDY

Read Matthew 6:5-14

1. Is there anything from this passage that stands out to you? Write it below.

2. Why do you think Jesus warns against praying like the "hypocrites?"

3. Does this passage mean that it is wrong to pray in public? Why/why not?





4. If the Father already knows what we need (v. 8), why is it still important to pray?

5. How would you describe the example of prayer that Jesus gives in this passage (v. 9-13)?

6. What are 3 words that characterize your current prayer life (strong, short, nonexistent, mundane, etc.)? What might God be saying to YOU about prayer today?

Write a prayer to the Father in the space below. Use Jesus' example as a guide. Be sure to ask that He would draw you closer to Himself this week as you practice Spiritual Disciplines.

OR

Ask a friend or family member if you can pray for them. Ask if they have any specific prayer requests. Then, spend some time praying in-person for them out loud. Write below about your experience. Were you nervous? How receptive were they?





SCRIPTURE STUDY/MEDITATION



First, watch this video: westshorefree.org/spirit02

SCRIPTURE STUDY

Read 2 Timothy 3:10-17 and Hebrews 4:12

1. Is there anything from these passages that stands out to you?

2. What are some attributes of scripture that you see from these verses?

3. 2 Timothy says, "all scripture is breathed out by God." What does that mean and why is that significant?

4. How does scripture equip us and what does it equip us for?

5. How can such an old book be "living and active?" Does scripture really still apply to us today? How?

6. Hebrews talks about scripture being a weapon. What are some battles you are facing and how can reading scripture help you?

Memorize Romans 8:14-15. Have a parent sign your booklet to indicate that you memorized it. Below the signature, write 3-4 sentences summarizing the passage in your own words and describing why it's important.

OR

Attend a Bible study at your church this week! Have a leader sign your booklet to indicate you were there.



Wednesday

GIVING

First, watch this video: westshorefree.org/spirit03

SCRIPTURE STUDY

Read Mark 12:41-44

1. Is there anything from this passage that stands out to you? Write it below.

2. Why do you think Jesus decided to watch people put money in the offering box?

3. What might have motivated the widow to give away her coins?





4.Is it wrong for people to be rich? Why/why not? What does Jesus care the most about?

5. Do you think money is the only thing we should give away? Why/why not? What are other "possessions" we might give?

6. If Jesus watched your giving (he does!), what do you think he would say about you? Why?

If you have money, donate a certain amount to your church or a God-glorifying organization. Print proof of your donation and attach it to the space below. Please white-out or cut away the amount that you donated—we want that to be between you and the Lord! Here are a few options to check out:



westshorefree.org/serve/community/opportunities/

OR

Write a short note of encouragement to someone who needs it (family member, friend, teacher, etc.). In the space below, describe who you wrote to and why. Why might this be considered "giving?"

EVANGELISM

First, watch this video: westshorefree.org/spirit04

SCRIPTURE STUDY

Read Matthew 28:16-20

1. Is there anything from this passage that stands out to you? Write it below.

2. Why do you think some disciples worshiped Jesus and some doubted (v.17)?

3. Why do you think Jesus mentioned his authority before commissioning the disciples (v. 18)?





Thursday

4. Why do you think Jesus said to "make disciples" rather than simply "preach the gospel?" What's the difference?

5. What might it look like for you to make disciples today? Does it look different today than it did for the disciples when Jesus spoke these words? Why/why not?

6. Does Jesus consider making disciples optional? How are you doing with Jesus' command?

Take your Bible with you at school and set it on your desk during every class. Write one paragraph below about your experience. Did people ask questions? Did they give you strange looks? What did you say in reply?

OR

Ask a non-Christian friend what they did over the weekend. When they ask you the same question, talk about your experience at church. Ask if they go to church anywhere. If they say "no," ask why. Try to ask them a few more questions about their beliefs. Write a paragraph about your experience below.





FASTING

First, watch this video: westshorefree.org/spirit05

SCRIPTURE STUDY

Read Matthew 6:16-18

1. Is there anything from this passage that stands out to you? Write it below.

2. Does Jesus' language suggest that he expects people to fast? Why/why not?

3. Why did hypocrites try to look "gloomy" when they fasted? What does this say about their hearts?



4. Is Jesus saying that no one should ever know when we fast? What is his main point?

5. Have you ever fasted before? If so, how frequently and why? If not, why not?

6. Do you think fasting should be a regular occurrence in our lives? If so, how often?

Fast from food (but drink liquids!), your phone, or something else that you regularly depend on every day. Choose something that is hard! The goal of fasting is to orient our minds and hearts to find true satisfaction in Christ. Fast for 24 hours, beginning at 10 a.m. today.

Write about your experience below. What did you choose to fast from? How hard was it? Were you able to focus more on Christ? Did other people notice? How did they react?



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Saturday

SERVING

First, watch this video: westshorefree.org/spirit06

SCRIPTURE STUDY Read John 13:1-20

1. Is there anything from this passage that stands out to you? Write it below.

2. From this passage, what would you say motivated Jesus to serve his disciples?

3. What does this passage have to say about pride? Does pride allow us to be served by Jesus? Does pride allow us to serve others well? Why/why not?





4. Do you think Jesus wants us to literally wash each other's feet? What might this type of serving look like for us today?

5. Why might Jesus have chosen to wash his disciples' feet as an example of service? Couldn't he have chosen a different way to serve them? What point was he trying to make?

6. What are some ways you can serve others in your life?

Participate in your student ministry's service project today!

OR

Do something to serve your parents today. What would be helpful to them? (It's okay to ask them!) Write about what you did below and how they responded.

