

Christ for All of Life
Becoming Spiritually Discerning | Trent Thompson

I John 4:1-6

How do we become spiritually discerning?

Live with a supernatural worldview. (1)

Draw a line from every belief back to Jesus. (2-3)

Rest in the strength of God and resist fear. (4)

Take note of who praises a belief. (5)

Always go back to God's Word. (6)

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Applying God's Word

Read I John 4:1-6

1. Have you had times where you've lacked spiritual discernment? Tell that story. What would you tell your past self now in that situation?
2. From the 5 practices for growing in spiritual discernment mentioned in the sermon, which stood out to you? Why?
3. What is one idea or belief you encounter with regularity about which you need to exercise spiritual discernment? As a group, see if you can use the 5 practices above to help you know how to regard and approach this idea/belief.
4. How can a church hold firmly to the truth and also have room for people to wrestle with doubts and express skepticism about Christian faith? What part do you play in helping us be that kind of church?
5. What makes it hard to be continually spiritually discerning? What makes it joyful?

Memory Verse: I John 4:1

Beloved, do not believe every spirit, but test the spirits to see whether they are from God, for many false prophets have gone out into the world.

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