

## SERMON NOTES

*December 21, 2025*

### The Incarnation, Humility & Sympathy

Hebrews 4: 14-16: Quay San

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The sympathy of Jesus means that he doesn't leave us alone in our suffering and weakness.

The sympathy of Jesus means that he doesn't leave us to face sin alone.

The sympathy of Jesus produces sympathy in us.

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## APPLYING GOD'S WORD (For LifeGroups)

LifeGroups are a place to commit to Christ-Centered relationships and grow in our faith together. Learn more at [westshorefree.org/lifegroups](http://westshorefree.org/lifegroups).

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1. Read Hebrews 4: 14-16. What stands out to you from this week's passage or sermon?
2. Have you ever experienced someone co-suffering with you? What was that like?
3. What areas of your life do you need Jesus's sympathy?
4. What about having humility and sympathy towards others comes easily to you? What parts are difficult?

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