

SERMON NOTES

August 23, 2026

Instruction for the Strong in Faith, Pt. 2

Romans 14:1-15:7 | Trent Thompson

Four reasons the strong in faith should limit their liberty for the sake of the weak:

1) Limit your freedom so the weak don't stay limited in theirs:

2) Limit your freedom because that freedom is not the main thing:

3) Limit your freedom because it is good to do so:

4) Limit your freedom because you want to be like Jesus more than you want to partake of your liberties:

APPLYING GOD'S WORD (For LifeGroups)

LifeGroups are a place to commit to Christ-Centered relationships and grow in our faith together. Learn more at westshorefree.org/lifegroups.

LifeGroup Discussion Questions:

1. Read Romans 14:13-15:4. What stood out to you this week from this passage or the sermon?
2. What do you think it means for the strong in faith to despise the weak? How have you experienced this?
3. Have you ever created disunity with other Christians by using your freedom when you shouldn't have?
4. Have you had the experience of limiting your freedom for the sake of a weaker brother/sister? How did you know this was an area of liberty and not an essential? How did you limit yourself?
5. If the strong in faith limit their freedom for the sake of the weak, how does a church prevent the smaller circles of the weak from becoming the defacto rules of life together?
6. As you've reflected on this passage the last several weeks do you find yourself more often in the category of the weak in faith or strong in faith? Why do you think this is?
7. Is there another Christian with whom you are currently at odds? What do you think God would have you do next in that relationship? Why?

B.L.E.S.S. Question of the Week:

The "E" in BLESS stands for Eat Together. Who is one person far from Him that you could have a meal with this week to get to know better?

Memory Verse:

"We who are strong have an obligation to bear with the failings of the weak, and not to please ourselves." - Romans 15:1

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